

WHAT IS HUMANISM?

HUMANISM IS A NON-RELIGIOUS WORLDVIEW OR APPROACH TO LIFE.

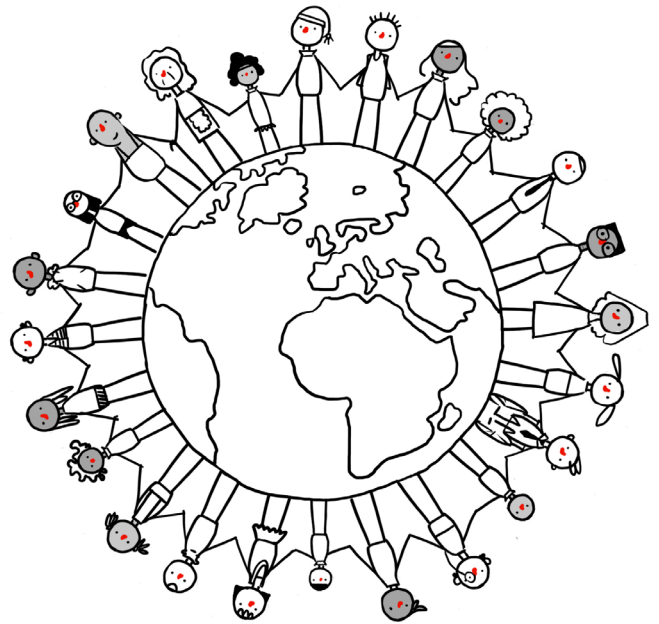
It supports people to answer questions about the world, and helps them to make decisions about how to live.

How is humanism different from religions?

- Humanists do not believe in a god.
- They do not have a holy book.
- They do not have places of worship like churches or mosques.

Three things that humanists believe

1. The world is a **natural** place – we should ask **questions** and look for **evidence** to help us to understand it.
2. We should all be **free** to find what makes us **happy**.
3. We should be **kind** to other people, animals, and the planet.



Millions of people in the UK and around the world share humanist beliefs and values.

The Happy Human is a symbol used by humanist organisations all over the world. It represents a celebration of being human – celebrating what human beings can do and celebrating that we can be happy.

