

WHAT IS A HUMANIST UNDERSTANDING OF HUMAN BEINGS?

The **scientific story** of our origins is **wonderful**. Some people say it diminishes human beings. But I think it makes life even more incredible and precious.



GRACE

We should not worship human beings. We are not perfect. We have many flaws. However, we also have many incredible abilities. We need to restrain our negative instincts and behaviours, and promote our **positive capacities** to build a better world.



JENNY

We were not created. We **evolved** naturally like all other living things on the planet. It fills me with wonder that we came from such simple beginnings. It also makes me realise how **lucky** I am to be here.



JULIAN

Human beings are amazing. We are **conscious, curious, and creative**. We have empathy and reason. We can solve problems. We can share our ideas with each other. All these capacities are **natural**. With them we have achieved many great things like technology, medicine, art, music, literature, democracy, and human rights.



ALEX

We have a **responsibility** to think about how we can make the best of our talents, our abilities, and our **potential**, and we should encourage other people to do the same. This can help to make the world a better place.



LINDSAY

This is the **one life** we have. There is no good evidence for an afterlife. We should make the most of the one life we have in the here and now and support other people to do the same.



IMTIAZ