

WHAT DO HUMANISTS VALUE?

Life is precious. We should find what makes us **happy** and make the most of our lives. We should also try to help other people do the same.

LAUREN



We should celebrate our many **achievements**, such as science, medicine, technology, art, music, and literature. We should try to make the most of our talents and abilities.

ALEX



I value the **natural world** around me. Without it we would not survive and this world is the only one we have. It is a source of beauty and **wonder**, and we should take care of it.

JENNY



I value our **curiosity** and our capacity to ask questions. By thinking carefully about the answers and looking for **evidence**, we have been able to discover so much about our world.

IAN



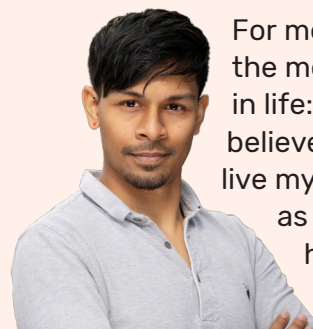
For me, one of the most important things in life is forming good **friendships** and relationships with others. We should remember that all human beings around the world are part of one extended family.

GUY



For me, **freedom** is one of the most important things in life: the freedom to believe what I choose and to live my life however I wish, as long as I don't cause harm to others.

IMTIAZ



Human beings have made incredible **progress** in our understanding of the world, and in health, education, and human welfare. We should aim to help the next generation continue that progress.

JESSICA



We should work to improve the quality of life for all human beings. We should have **empathy** for others and treat them the way we would like to be treated. We should take care of each other.

ZENA

