

HUMANISTS IN ACTION

Humanists believe that human beings alone are **responsible** for making the world a better place. We cannot expect help to come from elsewhere. They believe that if we want to change the world, we have to do the work ourselves. We need to take **action**.

Humanists believe this is the **one life** we have. They don't believe that wrongs will be put right in a future life. We need to work together to support **fairness and happiness in the here and now**.

NAOMI PHILLIPS has worked in the charity sector for over 15 years, most recently at the British Red Cross, where she supports people in crisis around the world.

'What I really care about are meeting the needs of individual people, helping create the conditions for people to live really good lives of their own choosing, and to be free from unnecessary oppression or unequal treatment.'



GULALAI ISMAIL is a human rights activist who campaigns for women's rights in Pakistan. She founded Aware Girls, a charity that supports girls' access to education.

'One of my humanistic values which has inspired me to work for human rights is that when I leave the world, I want to leave it in a better shape. I don't want the generations that come after me to face the same kind of challenges that my generation has been facing.'



BOB SCOTT is part of a team of volunteers for StreetCare Scotland who run soup kitchens, deliver food, and provide companionship to the homeless in Glasgow and Edinburgh.



'Each of us comes away from a session feeling that the time has been very well spent... It is a stimulating and rewarding way to spend an evening.'

PHIL WALDER is a member of Humanist Climate Action and campaigns for the protection of the environment and greener lifestyles.

'Humanists, by definition, are guided by science and recognise a moral duty towards the welfare of our fellow beings and the natural world. This leads many humanists to believe they have a duty to protect nature's diversity and beauty in a secure and sustainable manner.'



PETER TATCHELL is a human rights activist who campaigns for equal rights for LGBT people. He ran the Equal Love campaign, which helped to introduce same-sex marriage.

'Don't accept the world as it is. Dream of what the world could be - and then help make it happen.'



SHARON BOOTH is the founder and director of Solutions Not Sides, a charity that works to support young people to better understand the Israel-Palestine problem and gives them the chance to meet people from both sides.

'It is very hard to keep hating a whole group of people when you have met even just one person from that group with whom you experience empathy and a human connection.'

