

Examples of the Golden Rule from around the world

- 1) 'He should treat all beings as he himself should be treated. The essence of right conduct is not to injure anyone.' Jainism, from The Suta-Kritanga (about 550 BCE, India)
- 2) 'Do not do to others what you would not like for yourself.' Confucianism, from The Analects of Confucius (about 500 BCE, China)
- 3) 'I will act towards others exactly as I would act towards myself.' Buddhism, from The Siglo-Vada Sutta (about 500 BCE, India)
- 4) 'Do not do to others that which would anger you if others did it to you.' Socrates (fifth century BCE, Greece)
- 5) 'This is the sum of duty: Do nothing to others which, if done to you, could cause you pain.' Hinduism, from The Mahabharata (about 150 BCE, India)
- 6) 'What you would avoid suffering yourself, seek not to impose on others.' Stoicism, Epictetus (about 90 CE, modern-day Italy)
- 7) 'Love your neighbour as yourself.' Judaism/Christianity, Leviticus 19, in the Torah (about 400 BCE, Israel), quoted by Jesus in Matthew 22 and Mark 12 (first century CE)
- 8) 'The law imprinted on the hearts of all men is to love the members of society as themselves.' Roman Pagan Religion (Italy)
- 9) 'None of you truly believes, until he wishes for his brothers what he wishes for himself.' Islam, a saying of Muhammad (seventh century CE, modern-day Saudi Arabia)
- 10) 'As you think of yourself, so think of others.' Sikhism, Guru Granth Sahib (1604 CE, India)
- 11) 'Someone going to take a pointed stick to pinch a baby bird should first try it on himself to feel how it hurts.' Yoruba Proverb (Nigeria)
- 12) 'To do as one would be done by, and to love one's neighbour as one's self, constitute the ideal perfection of utilitarian morality.' Utilitarianism, John Stuart Mill (1861 CE, UK)
- 13) 'He should not wish for others what he does not wish for himself.' Baha'i, from the writings of Baha'u'llah (about 1870 CE, modern-day Iran)
- 14) 'Treat other people as you'd want to be treated in their situation; don't do things you wouldn't want to have done to you.' Humanism, Humanists UK, (1999 CE, UK)

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